

Dear Parent/Guardian

Re: Healthy Child Programme – please take time to read this letter carefully

The NHS needs to have a good understanding of how children are growing across the country so the best possible health services can be provided for them. As a result, all children in England in Reception and Year 6 are offered a height and weight check each year.

National Childhood Measurement Programme (NCMP)

Once your child is in year 6, our team will see your child to screen their height and weight measurement as part of the NCMP. This is a Government led screening process that the School Nursing Service is commissioned to deliver by the Local Authority.

Following your child's height and weight screening, you as the parent/carer will receive a results letter either in school, from a member of the School Nursing team at an arranged "Drop In" in school, or posted to your home address. Your child's height and weight measurements will not be shared with them at the time of screening. It is your choice as to whether you share the results with your child.

We contact you by telephone if we need to discuss your child's results in more detail.

Consent for your child to be screened

If you are happy for your child to have their height and weight screened you do not need to do anything further. Schools are encouraged to let you know the date that the team will be in school.

CONSENT- Parents/Guardians please note it is your responsibility to inform the School Nursing team if you wish to decline consent for your child to be screened under the NCMP. This information must be updated in Reception AND Year 6 for each of your children, even if you have previously declined consent either in a different school or year group. Failure to do this may result in your child being screened.

We require this information by FRIDAY 29th SEPTEMBER 2023

CONTACT DETAILS

Email – rdash.doncasterchildrenscaregroup@nhs.net

Phone – 03000 218 997

If you have any particular worries or concerns regarding your child's health the School Nursing team will be happy to help and advise you and can be contacted as above.

Leading the way with care

P.T.O

VACCINATIONS

To promote good health, we encourage all children to follow the primary vaccination programme. If your child has missed any of the required vaccinations and you would like your child to receive them please contact your GP for further information. If you have questions about which vaccinations are needed please contact your GP.

INFORMATION TO HELP YOU BETTER UNDERSTAND THE NCMP PROGRAMME

What happens to the results?

Results from all the schools in your area will be gathered together and held securely by your local Public Health team.

Why is a healthy weight important?

Research shows that modern living makes it more difficult to be a healthy weight. If we carry on as we are many children may grow up with dangerous amounts of fat in their bodies, putting them at a greater risk of developing long term health conditions in later life.

Because it is not easy to tell just by looking if a child is overweight, the results can help parents make decisions about their child's lifestyles and make simple changes if necessary.

To help your child achieve and maintain a healthy weight, encourage the whole family to enjoy eating healthily and being active. Children who see their parents, grandparents and carers following a healthy and active lifestyle tend to join in and learn by example. These habits become a normal part of everyday life for the whole family.

Thank you

Doncaster School Nursing Team